



BOOTHSTOWN MEDICAL CENTRE Autumn 2015

Tel: 01942 483 828 www.boothstownmedicalcentre.co.uk

News & Views

Patient Participation Group

Edition 7



involving 'Patient Matters' everyone 



Hope you can come & join us
on 21 November 2015



Meet PANDA MEDICS
The Ambulance Service
and the Fire Service



Astley C F Singers
2.15pm

Free Drop-in



'Finding Out
the services in your
Community'

for ALL AGES, 1pm - 4pm
Saturday, 21 November 2015
at St John's School,
Mosley Common

Please see overleaf for more information 

WLCT

active living



**FREE Weekly
Mosley Common
Health Walk**

Thursdays 10.30am Up to 1 hour long

Get out and about with our fun, friendly guided health walks!

They are a great way to get back into **being active**.

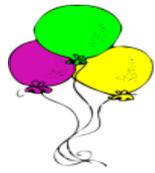
Wear comfortable clothing and footwear, meet St John's Church,
Mosley Common, M28 1AN.

For more information call 01942 488 481 and ask for Tracy Morris.

WLCT

In partnership with
Wigan Council

Turn the page for photos & additional information 



'Finding Out the services
in your community'

Free Drop-in

We are holding a FREE health & wellbeing day on Saturday, 21 November 2015 in collaboration with Mosley Common Children's Centre and St John's Church, Mosley Common for EVERYONE. We hope that you can come along as we have a fire engine, ambulance with Panda Medics and PC Constable Cub as well as the Greyhounds from Makants Rescue and a variety of organisations inside who have lots of information for both **older (including U3A and Age UK) and younger people.**

Our aim is to identify areas of need, see how the gaps can be filled and create awareness of the opportunities that already exist in the surrounding area that affect our health and wellbeing.

Keep connecting, Keep active, Keep learning, Give, Care & Take notice



WLCT

active living

Ruth comes into the Practice regularly to help patients choose appropriate ways to **EXERCISE.**



Mosley Common Health Walks

Have you been on one of the Health Walks in the last few weeks?



By Mosley
Common Green

These walks are ideal for those who want to improve their activity levels in a safe and social atmosphere. What's more they are free and fun. The walks are being promoted by this surgery and WLCT Active Living and last about an hour.

You may discover parts of Mosley Common and the surrounding area you have never walked through before. Join us on Thursday mornings outside St. John's Church (easier parking) at 10.30am. Wear comfortable clothing and footwear. Those of us who have taken part have found the walks to be social and enjoyable occasions. To date, four members of the group have become Walk Leaders - and importantly, tea, coffee and toilets are available.

Read about our History Health Walk



Noticing what is around you ~ History Health Walk

"We had a lovely walk, not too taxing, pleasant co-walkers and what was a great treat, a steady input of amazing historical facts of where we were walking, from Andrea, a genuine archaeologist who knows a fantastic amount about the area.

Wonderful !"



Looking over the fields towards Garrett Hall Farm

History surrounds us; look at the fields behind St. John's Church and you are looking at a relic medieval landscape with the mill leat leading to the only 'farm' in the area with a Norman name, Garrett Hall. The Battle of Hastings in surviving place names! All the other farms have Saxon names.

There were brickworks in the area until 1941 and you can see handmade Georgian bricks, thin, knobby and multicoloured, in the back wall of St. John's School which has survived from its erection in 1822, 15 years before Victoria became Queen.



Walking across Mosley Common back to Bridgewater Road. The 'Yew Tree' building is over to the right.

The west hand side of the Common behind what was the Yew Tree Public House has great swathes of nettles, often a sign of human habitation. There were cottages all along here including a smithy until the 1930s, you can still see the odd stone post in the brambles if you root!

The City, a failed new village, was left behind by the building of the school, cut off by the railway and then half demolished by the council in the 1930s but with a marvellous social life and community based around the chapel - and delicious ice cream from Mr. Barr's horse and cart!



Learning about the chapel at 'The City', that was the hub of the village.

Please Turn Over

GP Extended Hours -

for Wigan Borough Patients (Boothstown Medical Centre is a Wigan Borough Practice) who cannot attend when the Practice is open.

1. Anybody can use the appointments who are registered with a Wigan GP practice on Monday, Tuesday, Wednesday, Thursday and Friday, 6.30pm - 8pm and Saturday and Sunday, 10am - 4pm.
2. The phone number to use to book an appointment is 01942 482848. You can pre-book your appointment.
3. At present, the nearest Hub to Boothstown Medical Centre is at Seven Brooks in Atherton.
4. A Hub at Bridgewater Medical Centre in Leigh will open in due course.
5. In time, nine hubs in total will be situated throughout the Wigan Borough to give the whole population easier access.
6. The Hubs will be staffed by Doctors and Nurses but not locums.
7. Your Summary Care Records will be made available but not your full medical records.
8. **This is NOT an Out of Hours, a Walk-In or A&E Service.**
9. You should only go to A&E if you have a serious illness: Blacking out, Bleeding you can't stop, Severe chest pain, Choking, Loss of consciousness, Stroke. These are all emergencies and you need urgent hospital care.

~~~~~

**DNAs** (Patients who **DO NOT ATTEND** their booked appointments)

The numbers dropped significantly in the Summer. Please help to keep the numbers of DNAs low by **writing** your appointment down, **remembering** to attend and **cancelling** in good time if you no longer need the appointment or cannot attend.

That way all the appointment slots can be used efficiently and effectively.

**Please read on ~ we have more to tell you .....**

Update: From Stephanie, Practice Carers' Champion



Stephanie (Reception) and Dorothy (Practice Manager) had a meeting with Pat Millward from The Wigan & Leigh Carers' Centre on the 7<sup>th</sup> October.

Pat started off by giving Stephanie up to date information for the notice board in reception, now updated. We also discussed how we can refer the carers, or the carers can self-refer by sending the referral form included in their leaflet (3-5 Fredrick Street, Hindley, Wigan WN2 3BD).

Pat discussed what services they offer for example financial help, counselling and social events. For all services they offer please see the WLCC leaflets in reception.

Once carers are registered with them they will give a courtesy telephone call to see if they need any help and to explain what services they offer. WLCC also work closely with Wigan & Leigh Young Carers, please see leaflet in reception.

~~~~~



Our Community Link Worker ~



Our Primary Care Link Worker will be starting at this Practice in the near future. Please ask for more information.

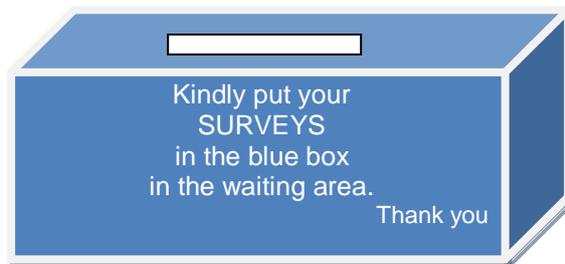


	<p>Sharon will be here to help on Wednesdays ~ 25 November, 9 December, 6 January, 10 February From 9:30am to 12:30pm</p>
--	--

Children's Nasal Flu Immunisations Please call the Practice to make an appointment for Children's Nasal Flu Immunisations -for all 2, 3, and 4 year olds and those under 17 at risk.

Kindly, turns over the page. Thank you.

NUDGE CORNER



Please remember to **update your contact details** at Reception. It is particularly important to do this if you have changed your mobile number so that the Practice can send you reminders about your appointments.

Our aim is to **reduce the number of patients who DO NOT ATTEND** their appointments.

It's not too late !

FLU JABS 

Please book your appointment now if you require a **flu jab**, either by phone or at reception.
Thank you

Booking your appointment online and ordering your prescriptions online is quick and helps to free up the phone lines,



DIARY DATES

Next PPG Meeting :

10 December 2015 12.30pm -2pm at the Surgery.

Next CCG Patients' Forum:

10 December 2015, 6pm -8pm at Leigh Sports Centre

Next TABA Meeting:

13 January 2016, 6pm -7.30pm at Bridgewater Medical Centre, Leigh

Join our PPG - Please ask at Reception for further details.

Produced by
© Boothstown Medical Centre
Patient Participation Group
www.boothstownmedicalcentre.co.uk

Thank you for reading our 'Patient Matters'